



CVA Executive meet in London

The CVA Executive recently met in London to help keep forging a way forward for the CVA. The CVA has been fortunate in that its executive have other commitments which periodically bring them together in London at little cost to the CVA. During their meeting the executive were also able to meet with Dr Mike Baker, Chief Executive Officer of World Animal Protection and Ms Helena Cotton, Media and International Affairs Officer for the British Veterinary Association. Both Mike and Helena have been great supporters of the CVA over a number of years.



Drs Peter Thornber, Karen Reed, Mike Baker, Abdul Rahman and Bob McCracken with Dr Mike Baker, Executive Director, World Animal Protection.



Dr Abdul Rahman, CVA President with Ms Helena Cotton

Recipes from the world - from South Africa

Boerewors

2kg boneless chuck of beef
750g boneless thick rib of pork
200g speck (fatty bacon)
1 tablespoon ground coriander
2 tablespoons fine salt
1 teaspoon freshly ground black pepper
Pinch of finely grated nutmeg
6 tablespoons vinegar
90g pork casings

Cut the meat and speck into 50mm cubes. Combine the coriander seasoning and nutmeg, sprinkle over the cubes and mix well. Mince the meat and speck, then add the vinegar and mix lightly but thoroughly. Stuff into the casing and refrigerate. Braai (barbeque) over low coals for about 15 minutes.



Website: <http://www.commonwealthvetassoc.org/>